

Lunch Menu (Week 3)



Gateacre School

	Monday (Meat Free)	Tuesday (British Classics)	Wednesday (Curry Day)	Thursday (Street Food)	Friday (Fast Food)
Main 1	Veggie Breakfast	Traditional Liverpool Scouse, Crusty Bread & Pickled Beetroot	Chinese Chicken Curry with Boiled Rice	Beef Lasagne, Garlic Bread and Salad	Beef or Chicken burger with Cajun Wedges & Salad
Main 2	Mexican Quesadillas with Salad	Sausage & Onion Baps	Samosas, Spring Rolls and Asian Noodles	Spicy Meatball Sub	Fish Finger Barm Cake
Alternative (V)	Singapore Noodles	Cheese & Tomato Flan	Cheese Tomato Panini	Ham and Cheese Panini Salad	Veggie Sausage roll with Beans
Soup	Lentil Soup	Chef's Choice	Leek and Potato	Chef's Choice	Cream of Vegetable
Desert	Apple Flapjacks Fresh Fruit	Fruit Scones with Jam Fresh Fruit	Chocolate Sponge with Ice Cream Fresh Fruit	Homemade Cookies Yogurt	Fresh Fruit Cheese & Crackers Yogurt